

MILL VALLEY FOOTBALL COACHING STAFF

2026

JOEL APPLEBEE

Head Coach



Coach Applebee enters his 17th season as the Head Coach of the Jaguars. In sixteen seasons, the Jaguars have compiled a record of 143-43 and sixteen consecutive trips to the 5A State Football Playoffs. The Jaguars won back-to-back Kansas 5A State Championships in 2015 and 2016 and won their fifth consecutive 5A state title in 2023 for their seventh overall (2015, 2016, 2019, 2020, 2021, 2022, and 2023).

Coach Applebee is a graduate of Kansas State University. He has a Master's degree from Fort Hays State University. He and his wife Amanda have three children: Haden (20), Holden (17), and Lola (14).

Contact: japplebee@usd232.org



MIKE STRACK

Assoc. Head Coach/Offensive Coordinator/Quarterbacks

Years at MV: 13

Alma Mater(s): Bethany College, Fort Hays State

Coach Strack is entering his 12th season over the past 14 years. This will be his 23rd season as a football coach.

Coach Strack graduated from Bethany College, where he played quarterback. He also holds a Master's degree from Fort Hays State. Coach Strack teaches English at Mill Valley. He and his wife Freda have been married for 20 years and have 4 children: Gabe (25) Annaliese (19) Anderson (17) and Elynne (15).

Contact: mstrack@usd232.org

JAMIE RESSEGUIE

Asst. Head Coach/Offensive Line

Years at MV: 7

Alma Mater: Baker University

Coach Resseguie is entering his third season back with Mill Valley after spending ten years at Lawrence High School in various coaching roles. He also oversaw the LHS strength program. Prior to Lawrence, Coach Ress spent three years on the Mill Valley football staff from 2010-2013. Coach Resseguie teaches Strength and Conditioning at Mill Valley.

Coach Resseguie graduated from the Baker University where he played linebacker for the Wildcats.

Contact: jresseguie@usd232.org





PJ SARWINSKI

Defensive Coordinator

Years at MV: 4

Alma Mater: Pittsburg State University

Coach P.J. Sarwinski is in his fourth year with the Jaguars, where he teaches Pre-Algebra and Math II.

A native of Galena, KS, Sarwinski played linebacker at Pittsburg State from 2017–2022, earning two First Team All-MIAA honors and two All-American selections. He holds a B.S. in Mathematics Education (2020), an M.S. in Educational Leadership (2022), and an Ed.S. in Advanced Studies in Education (2024).

Contact: psarwinski@usd232.org

KOBE BOYCE

Corners

Years at MV: 2

Alma Mater: University of Texas

Coach Boyce enters his fourth year as a coach and second year at Mill Valley. He played three years at the University of Texas in Austin and lettered two years. He is also a Texas native from the Dallas area. Kobe is also a Para at Mill Valley.

Contact: kobeboyce5@gmail.com



MATT DENNING

Wide Receivers

Years at MV: 5
Alma Mater: University of Kansas

Coaching Denning enters his 4th season at Mill Valley. Coach Denning played 2 seasons of college football at Drake University and is a graduate of the University of Kansas. He teaches physical education at Arrowhead Middle School in KCK.

Coach Denning is married to his wife Jen and they have a 2-year-old son Brooks.

Contact: matthewcdenning@gmail.com





DYLAN HAEHN

Inside Wide Receivers

Years at Mill Valley: 1

Alma Mater: University of North Texas

Coach Haehn is entering his 1st season at Mill Valley after spending 6 seasons coaching football, baseball, and teaching in the Dallas, Texas area. Prior to Mill Valley, Coach Haehn coached quarterbacks and has taught Biology, Government, and Economics.

Coach Haehn is a native of western Kansas, and returns to the state after more than 20 years in Texas. Coach Haehn works in land development across northeastern Kansas at Circle H Land Development.

Contact: dylan.haehn@usd232.org

HAYDEN HENDERSON

Running Backs

Years at MV: 2

Alma Mater: University of Kansas

Coach Henderson enters his second season at Mill Valley. Coach Henderson was an equipment manager for the University of Kansas football team for three years working alongside the QBs. Coach Henderson is graduating with a sports management degree with a coaching minor. He currently substitute teaches in the district.

Contact: hhenderson1034@gmail.com



TJ O'NEILL

Linebackers

Years at MV: 8

Alma Mater(s): Baker University, Emporia State University

Coach O'Neill enters his eighth season with Mill Valley Football, coaching Linebackers. He was a member of the coaching staff from 2010-2016. TJ and his wife Emily have two children, Annie (10) and Rhett (7). He is a member of the Business Department at Mill Valley, teaching Accounting and Marketing. Coach O'Neill has a Bachelor's Degree from Ottawa University and a Master's Degree from Emporia State University.

Contact: thomas.oneill@usd232.org



ANDREW SACHEN

Safeties

Years at MV: 4

Alma Mater(s): Missouri Western State University

Coach Sachen enters his fourth year with the Jaguars as the Safeties coach. Drew teaches Focus and Strength and Conditioning at Mill Valley.

Coach Sachen graduated from Missouri Western State University where he played safety for 4 years. Drew is married to his wife Bailee and have a one-year-old daughter Lyla.

Contact: asachen@usd232.org



KARRELL SIMPSON

Tight Ends

Years at MV: 2

Alma Mater: Nebraska Wesleyan University

Coach Simpson is entering his second year at Mill Valley with Tight Ends. Karrell is also a Para at Monticello Trails. He was previously an intern at Concordia University, coaching Wide Receivers and Tight Ends.

A native of Kansas City, Mo, Karrell played corner for the Nebraska Wesleyan Prairie Wolves for 4 years earning All Conference HM honors.

Contact: karrell.simpson@usd232.org



TIM THOMAS

Defensive Line

Years at MV: 6

Coach Thomas is entering his sixth year with the Jaguars, and fifth year as the Varsity Defensive Line coach. This is his tenth-year coaching football in the De Soto School District. He spent his first four years at Monticello Trails Middle School. He then spent his first year at Mill Valley as the Freshman Defensive Line coach.

Coach Thomas is an alumni of Mill Valley, where he was a 1st team All-State Selection and Team Defensive MVP as a defensive lineman. Coach Thomas works as a Paraprofessional at Mill Valley and is a student at Fort Hays State University.

Contact: tthomas@usd232.org



DEAN ZALDIVAR

Freshman Head Coach

Years at MV: 5

Alma Mater(s): Emporia State, Butler Community College

Coach Zaldivar is entering his fifth-year coaching at Mill Valley and third year as the Freshmen Head Coach, coaching the defensive line. Coach Zaldivar played football at Butler County Community College and Emporia State where he obtained his B.S. in Social Science.

Coach Zaldivar and his wife, Stephanie, have four children, Allison, Derrick, Megan, and Zach.

Contact: dzaldivar@usd232.org





DUSTIN ESTER

Freshman Defensive Backs/Defensive Coordinator

Years at MV: 7

Alma Mater(s): Emporia State University, University of Kansas

Coach Ester enters his sixth year at Mill Valley, his fifth as Freshman Defensive Coordinator. He is a graduate of Emporia State University and The University of Kansas.

He and his wife Megan have two children, Natalie and Nathan.

Contact: dester@usd232.org



DERRION BROOKS

Freshmen Offensive Line/Offensive Coordinator

Years at MV: 4

Coach Brooks enters his fourth season at Mill Valley. Coach Brooks previously coached at Sumner Academy(3 seasons) and Washington High School (5 seasons) as a Offensive Line Coach. Derrion currently works for Baxter Auto Group(Subaru Of Olathe), where he has been for the last 12 years.

Married to his wife Brittney, and father of one-year old twin girls Harper and Kinsley Brooks.

Contact: dbrooks@usd232.org



LARRY BENSON

Freshmen Skill Positions

Years at MV: 2

Alma Mater: Pittsburg State University

Coach Benson is entering his second year with the Jaguars working with the freshman skill positions. This is his 18th year coaching football.

He is a graduate from Pittsburg State University and earned his Master's Degree from the University of Kansas.

Coach Benson works at Mill Valley as physical education teacher.

He and his wife, Whitney, have three children, Brant, Josie and Jett.

Contact: lbenson@usd232.org



MIGUEL FLORES

Freshmen Skill Positions

Years at MV: 3

Alma Mater: Kansas State University

Coach Flores is entering his third year with the Jaguars working with the freshman skill positions. This is his seventh-year coaching football. He spent his first four years coaching at Carl B. Bruce Middle School in KCK as an offensive and defensive line coach.

Coach Flores works as a Social Studies teacher at Mill Creek Middle School and is a graduate of Kansas State University.

Contact: mflores1@usd232.org

BRYCE ROUX

Equipment

Years at MV: 1

Alma Mater: Kansas University

Coach Sachen enters his 3rd year with the Jaguars as the Quarterback's coach. Drew teaches Focus and Strength and Conditioning at Mill Valley.

Coach Sachen graduated from Missouri Western State University where he played safety for 4 years. Drew is Married to his wife Bailee and has a newborn daughter Lyla.

Contact: broux22@gmail.com

