



**JR. JAGUAR IRON
SUMMER PROGRAM
2020
First – Sixth Grade
(2020 – 2021 school year)**

Jr. Jaguar Iron Summer Program is designed to get your young athlete excited about our Jaguar Strength Program. This program is designed to introduce agility and flexibility drills; as well as, a variety of fun sport and game-like activities. Participants will be broken in to two groups, 1-3 and 4-6 grades. All virtual sessions will include body weight movements along with flexibility, agility and plyometric work.

Camp Information

Sponsored by:

When: VIRTUAL WORKOUTS – 3 DAYS A WEEK STARTING JUNE 1
IN PERSON - Tuesdays and Thursdays, ONCE IT IS SAFE TO START – 930-1030 AM

Where: IN PERSON SESSIONS – MVHS Fieldhouse, Jaguar Stadium

What to Wear: Athletic clothing (t-shirt and shorts), tennis shoes

Cost: \$100 – If mailing registration, make check to **Jaguar Football**

Registration Due: **May 27, 2020**

REGISTER ONLINE (or mail below registration w/ payment) - <https://tshq.bluesombrero.com/jaguarfootballcamps>
PLEASE GO TO THIS SITE TO REGISTER FOR VIRTUAL SESSIONS - THIS MUST BE DONE IN ORDER TO RECEIVE VIRTUAL INFORMATION - <https://bit.ly/jrjagironregistration>

- Each participant will receive a Jr. Jag Iron T-Shirt and instruction from Mill Valley High School coaches and varsity athletes.
- For online registration questions, please email mvjagreg@gmail.com. Visit www.mvjaguar.com or email Coach Applebee at japplebee@usd232.org with any specific camp questions. For any specific questions about virtual workouts email Coach Barnes at jbarnes@usd232.org.

****IMPORTANT NOTE: Our weight room has been temporarily moved the fieldhouse at the north end of Jaguar Stadium for 2020 summer. Please drop your athlete off at the fieldhouse. Due to the lack of indoor space, we may have to cancel some days if there is inclement weather. Please follow @mvjaguar on Twitter and Facebook (www.facebook.com/mvjaguar) for any news of cancellations.**

 (Please cut @ line and return bottom portion with **check made to JAGUAR FOOTBALL** to Coach Applebee, 6325 Lakecrest Dr, Shawnee, KS 66218)

Name _____ Home phone _____ Cell phone _____
Jr. Jag Iron
 Address _____ Email _____
 City _____ Zip _____ Grade Next Fall _____

Parental Waiver, Assumption of Risk, and Consent Form

I hereby request that you accept the application of _____ in the Jaguar Football Camp. In consideration of your acceptance of the application, I hereby release Jaguar Football, Mill Valley High School, and the Desoto School Board of USD 232 and all of its employees from all claims on account of injuries which may be sustained by my son while attending the Jaguar Football Camp and any team and/or individual practices, and I agree to indemnify Jaguar Football, MVHS, and the School Board of USD 232 and its employees for any claim which may hereafter be presented by my minor son of any such injuries.

Medical Insurance Company _____ Policy Number: _____

Parents Signature: _____ Emergency Contact Phone: _____

As the parent or legal guardian of the child named above, I hereby give my full consent and approval for my child to participate as a team member in the sport designated above. I understand that there are certain risks of injury inherent in the practice and play of this sport, as well as in traveling and other related activities incidental to my child's participation, and I am willing to assume these risks on behalf of my child. I hereby certify that my child is fully capable of participating to the designated sport and that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as listed below. In addition to giving my full consent for my child's participation, I do hereby waive, release, and hold harmless the organization named above, its officers, coaches, sponsors, supervisors, and representatives for any injury that may be suffered by my child in the normal course of participation in the designated sport and the activities incidental thereto, whether the result of negligence or any other cause. I represent that I am a parent/legal guardian of the child named above, and I agree that the terms of this release are binding on the child and me.

 Participant's Printed Name

 Parent's Printed Name

 Participant's Signature

 Parent's Signature