



JR. JAGUAR IRON SUMMER PROGRAM 2019

**Kindergarten – Sixth Grade
(2019 – 2020 school year)**

Jr. Jaguar Iron Summer Program is designed to get your young athlete excited about our Jaguar Strength Program. This program is designed to introduce agility and flexibility drills; as well as, a variety of fun sport and game-like activities. Participants will be broken in to two groups, K-3 and 4-6 grades.

Camp Information

Sponsored by:

- When:** Tuesdays and Thursdays, June 11 – August 1 – 930-1030 AM
Not in Session: July 2-4 (4th of July Break), July 23 – 25 (Summer Break)
- Where:** MVHS Fieldhouse, Jaguar Stadium, MVHS Gyms for inclement weather
- What to Wear:** Athletic clothing (t-shirt and shorts), tennis shoes
- Cost:** \$100
- Registration Due:** **June 1, 2019**
- Register Online:** Visit <https://tshq.bluesombrero.com/jaguarfootballcamps>

- Each participant will receive a Jr. Jag Iron T-Shirt and instruction from Mill Valley High School coaches and varsity athletes.
- For online registration questions, please email mvjagreg@gmail.com. Visit www.mvjaguar.com or email Coach Applebee at japplebee@usd232.org with any specific camp questions.

****IMPORTANT NOTE: Our weight room is temporarily being moved the fieldhouse at the north end of Jaguar Stadium for 2019-20 summers and 2019-20 school year. Please drop your athlete off at the fieldhouse.**