

- CAMP PURPOSE- Purpose of this camp is to test an athlete's ability in four different tests. Each athlete will be tested in the vertical jump, 40-yard dash, 3 cone agility and 5x10x5 pro agility. Height and weight of each individual will also be measured. By participating each athlete will be able to use the results on various recruiting questionnaires, enter them in to their Hudl profiles, and track their progression through the Jaguar Strength program from year to year.
- CAMP REGISTRATION DEADLINE- April 2<sup>nd</sup>, 2018
- REGISTER ONLINE <a href="http://tshq.bluesombrero.com/jaguarfootballcamps">http://tshq.bluesombrero.com/jaguarfootballcamps</a>
- CAMP DATE- Saturday, April 28th
- **CAMP TIMES-** 12:00 pm 2:00 pm @ Jaguar Stadium (Gyms for inclement weather)
- **CAMP EQUIPMENT-** Wear athletic clothes, football cleats and tennis shoes (Important to bring both)

## COST:

\$33.00 if paid by April 2

## PHYSICALS:

 Each individual participating in camp is required to have a physical on file from the current school year. Physicals are valid for 1 calendar year. Please contact MTMS/MCMS/MVHS or visit athletic website for forms.

## **INSURANCE:**

Insurance is provided as a part of the cost.

\*\*For any questions please visit <a href="www.mvjaguar.com">www.mvjaguar.com</a> or contact Coach Applebee at <a href="japplebee@usd232.org">japplebee@usd232.org</a>